Giraffe

Color spots darker than background and join parts with small brads.
Reddy Fox

Tail

Head

Arms

Leg
(cut 2)

Legs

Tail

Arm
(cut 2)
color A and B any 2 bright colors and paste in place as indicated
Attach legs with small brads
Tomato Man

Tomato for head

Green

Red

Green

Cat 2 for legs (ear of corn)

Yellow

Cat 2 for arms (carrot)

Orange

Head

Arm

Body

Green

(Turnip)

Leg

Leg

Use black crayon for indication of kernels of corn and for features of face.

Fasten together with small brads.
SEED STITCH
Take a small stitch in any direction. Repeat work irregularly to fill background.

CROSS STITCH COUCHING
Crisscross threads over area to be covered. Couch down over crossing of threads with a cross stitch.

Darning stitch filling

Bundle stitch filling
Blanket stitch filling

Straight stitch filling
Loop stitch filling

Straight and double cross filling
Daisy filling

Loop and straight stitch filling
Long and short stitch filling
This - Not this

Use whole body at center of weight to be moved.

From "Posture in Housework," PA-186, by the US Department of Agriculture. Courtesy of the Thomas Jefferson University Archives & Special Collections
This-

Not this

Sitting saves energy.
This-

Or this-

Not this

Keep body in balance.
This-

Raise dishpan for erect posture.

Not this

Low sink makes for sagging shoulders.

From "Posture in Housework," PA-186, by the US Department of Agriculture. Courtesy of the Thomas Jefferson University Archives & Special Collections
Use of labor-saving equipment improves posture.